# Human Exposure to Ultrafine Particles: Sources, Concentrations, Indoor-Outdoor Relationships, and Mitigation Techniques

Presentation at Lawrence Berkeley National Lab

Lance Wallace July 22, 2013

# Importance of Ultrafines

- Outnumber all other particles
- High surface/volume ratio: more bioavailable
- Can penetrate human cells and may have a direct route to the brain (olfactory pathway)
- Toxicity > PM<sub>2.5</sub> on a mass basis
- A few studies show human health effects
  - Oxidative Stress-Induced DNA Damage (Bräuner et al., 2007)
  - Cardio-Respiratory Mortality (Stölzel et al., 2007)

### **UFP in Human Cell**

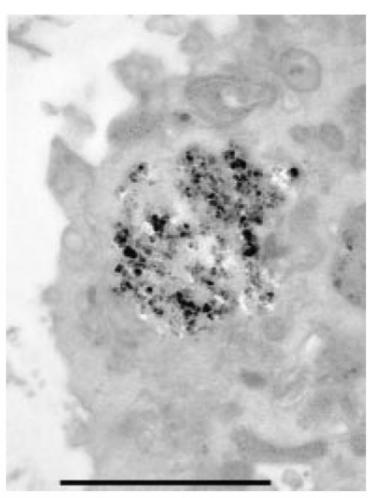


Figure 1 Electronmicrograph showing carbonaceous ultrafine particles within a phagosome of an alveolar macrophage from a child aged 3 months. Bar = 1000 nm.

# Outline of Talk

- Indoor Exposures (outdoor & indoor sources)
- Infiltration (UFP vs FP)
- Personal Exposure (e.g. driving)
- Mitigation (Filters and Exhaust Fans)

# Three Groups of Studies

- Single Occupied Home (1996-2001)
- Test House at National Institute of Standards and Technology (2006-2011)
- Multihome Field Studies by Health Canada (2006-2011)

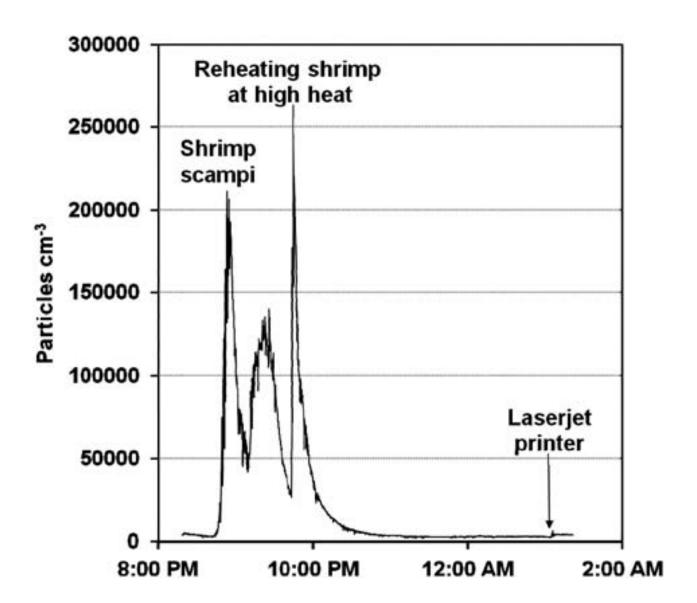
# Single Occupied Home

- 3-Story Town House (volume 380 m³)
  - Gas stove, vented gas clothes dryer
  - Central forced air (fan almost always on)
- Methods
  - Scanning Mobility Particle Sizer (SMPS) with range 10-1000 nm
  - Automated SF6 injection with dedicated GC-ECD for air exchange rate measurements
  - Equipment in basement

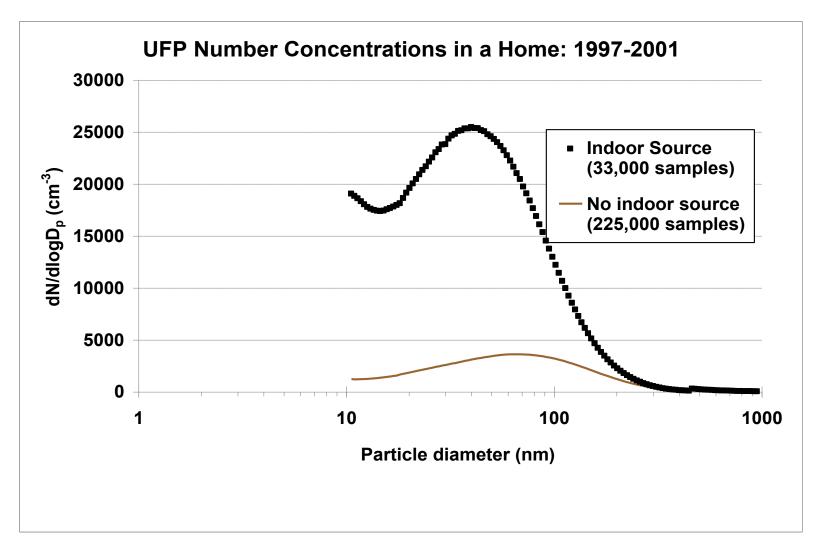
Source:

Wallace, L.A. and Howard-Reed, C.H. Continuous Monitoring of Ultrafine, Fine, and Coarse Particles in a Residence for 18 Months in 1999-2000.

J Air Waste Manage. Assoc. **52**(7):828-844. 2002.



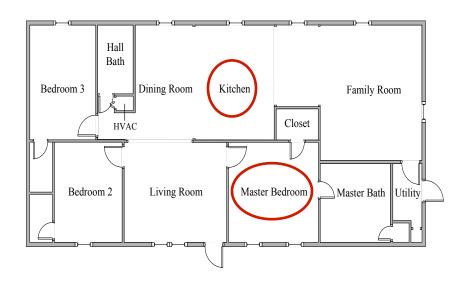
# Single Home Study



(Source: Wallace et al., 2002)

### **Experiments in NIST manufactured test house**







### **UFP monitoring with SMPS** (2 nm - 100 nm)

- ➤ Electrostatic Classifier (TSI Model 3080)
- ➤ Nano-Differential Mobility Analyzer (TSI Model 3085)
- ➤ Water-based Condensation Particle Counter (CPC) (TSI Model 3786)
- ➤ Vacuum Pump and a critical orifice: aerosol flow rate from 0.6-1.5 Lpm
- ➤ A stronger neutralizer (TSI Model 3077A Krypton-85)

### Focus of The NIST Research Effort

# Most previous work on indoor sources has investigated UFPs from 10-100 nm

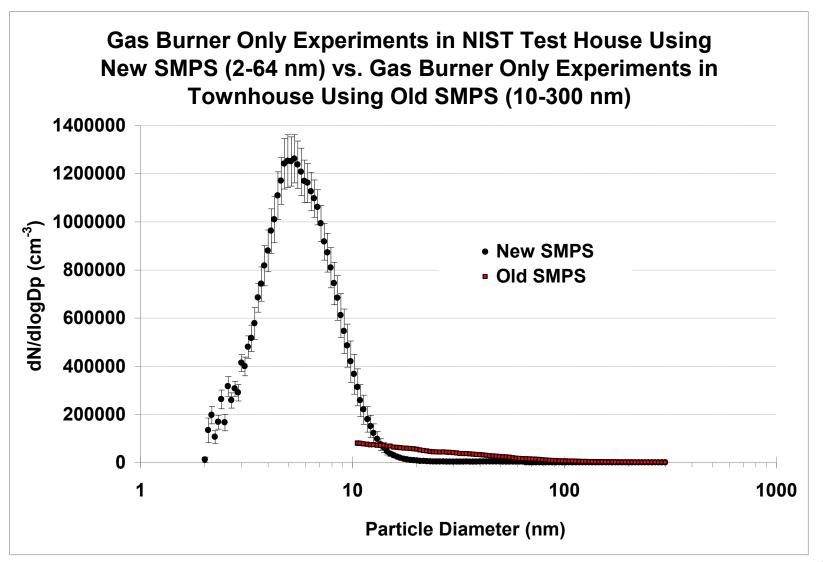


# To extend our knowledge of the 2.5-10 nm region

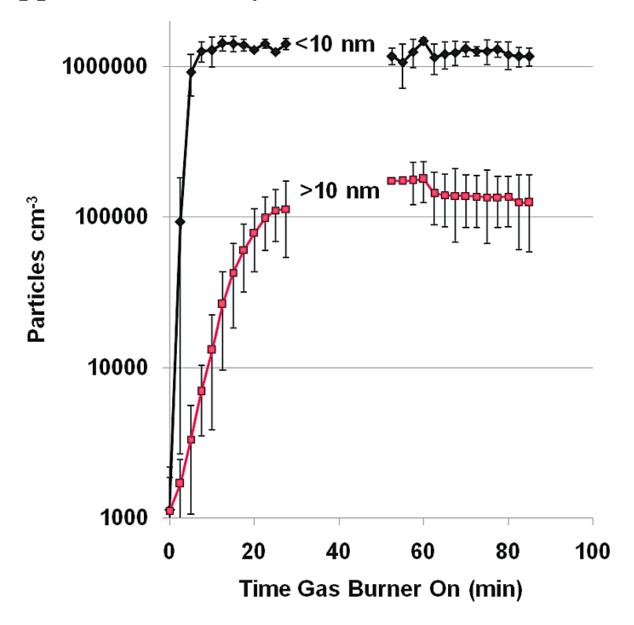
Source: Rim, D., Wallace, L., Persily A. (2010) Infiltration of outdoor ultrafine particles into a test house *Environ. Sci. Technol.* **2010**, *44*, 5908–5913

# NIST Study: UFP from a Gas Stove

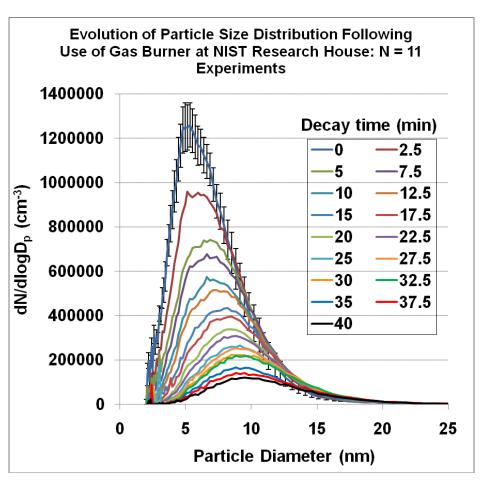
Old SMPS: >10 nm New SMPS: >2 nm

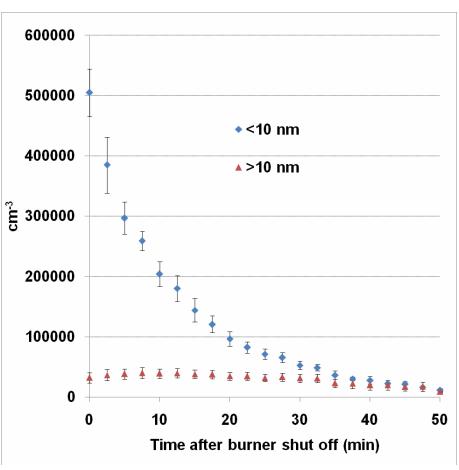


### Approach to Steady State: 4 Gas Burners on High



# Results-----Gas Burner





Average size distribution of particles produced by a single gas burner on High setting (N = 11 experiments, 10 min each)

Particle concentrations during the decay period for particles > & < 10 nm

### **Two Kinds of Particles from Gas Burners**

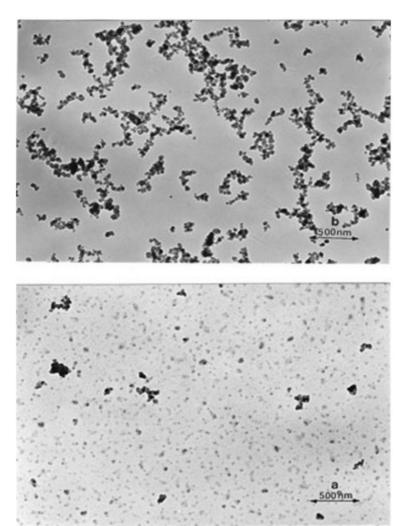
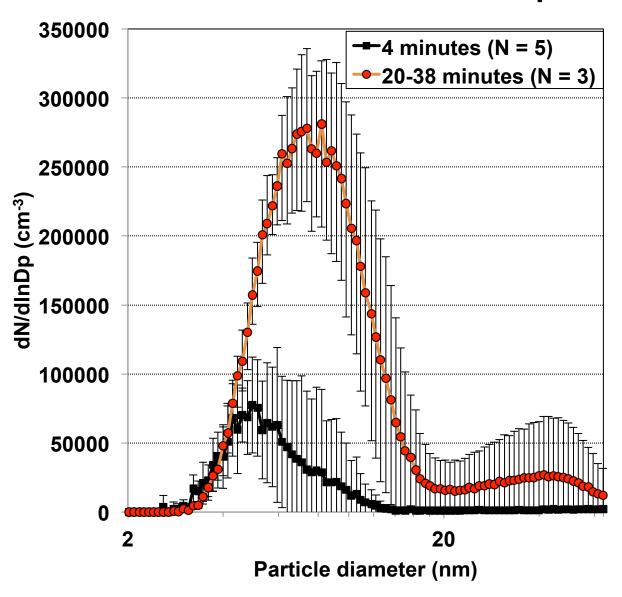
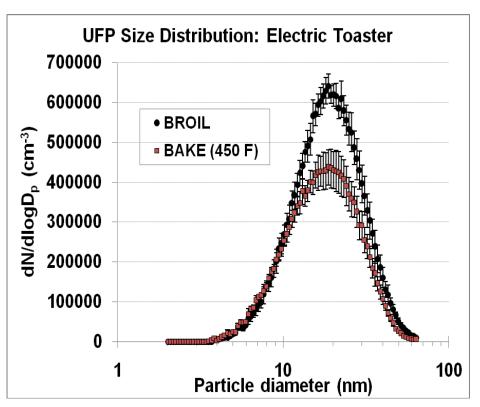


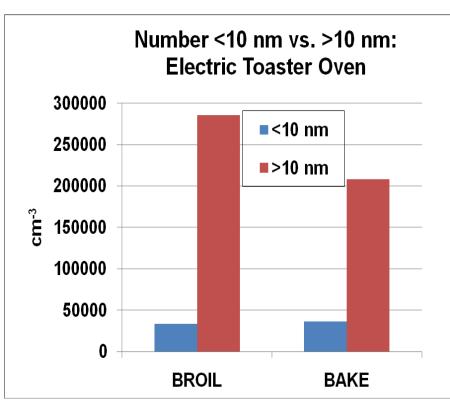
FIG. 1. Particles sampled From Axial Heights of (a) Z=20 mm and (b) Z=50 mm of the Laminar Ethene Diffusion Flame. The isolated translucent precursor particles dominate the lower axial region of the flame while opaque aggregates occupy the upper region of the flame.

### **UFP from Electric Stovetop Coil**



# Electric Toaster Oven





Average size distribution of particles produced by electric toaster oven (N = 6 experiments)

Particle concentrations during the peak period for particles > & < 10 nm

# Cooking conclusions

- Both gas and electric stoves produce copious UFP. Processes include
  - Combustion
  - Heating element emission
- Stovetops produce mostly UFP < 10 nm</li>
- Ovens produce mostly UFP > 10 nm
- Emission rates  $\approx 10^{12}$ /minute
- Composition of electric stove UFP?

# Ultrafines from Electric Motors

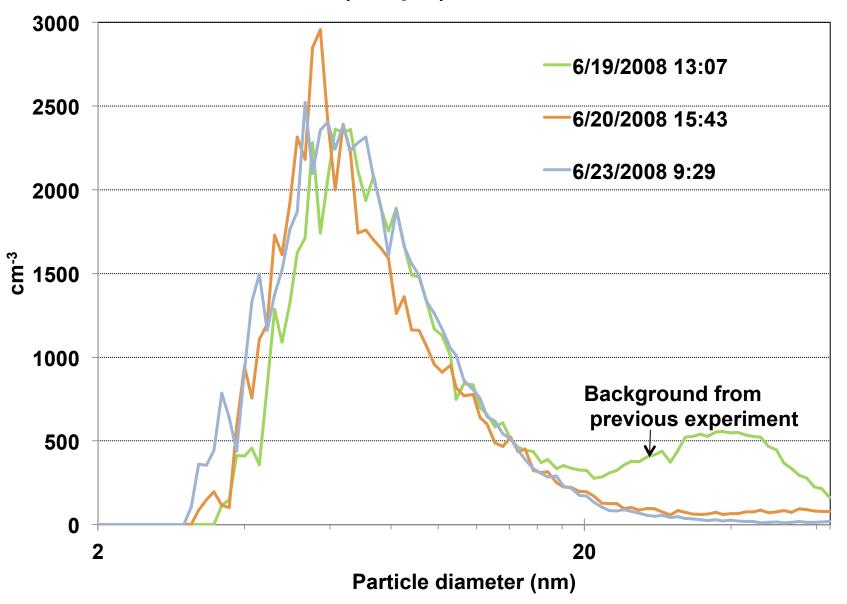
- Probably produced by spark generation between graphite brushes and copper commutator
- Copper a main constituent (40-50% by mass); remainder probably mostly carbon

Szymczak, Wilfried, Menzel, Norbert, and Keck, Lothar.
 Emission of ultrafine copper particles by universal motors controlled by phase angle. *J Aerosol Sci* 38(5), 520-531.
 2007.

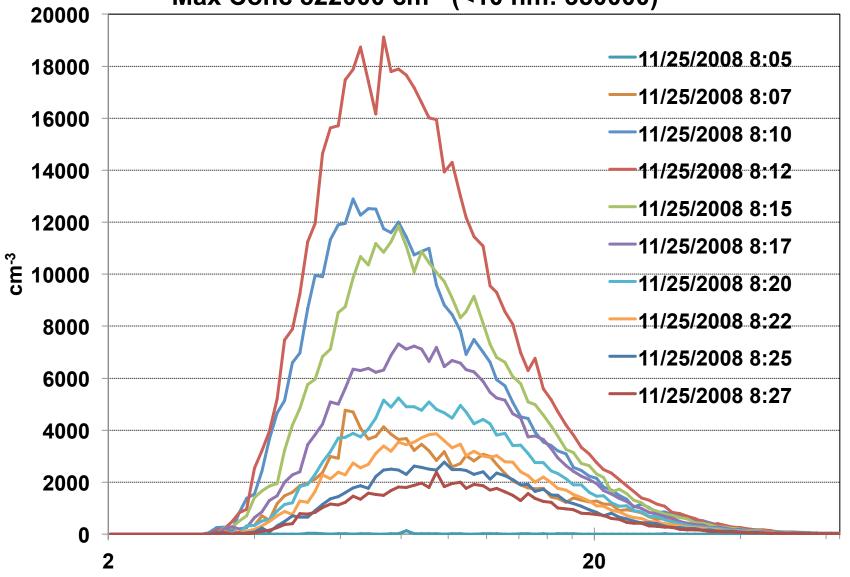
# **Experimental Protocol**

- Two scenarios
  - Source and SMPS in same room (volume 30 m³), door closed
  - Different rooms, door open (total volume >300 m³)
- Power tools on 2 minutes, off 1, on 2
- Vacuum cleaner on 20 minutes

### Electric drill maxima (3 expts) after ~100 seconds on

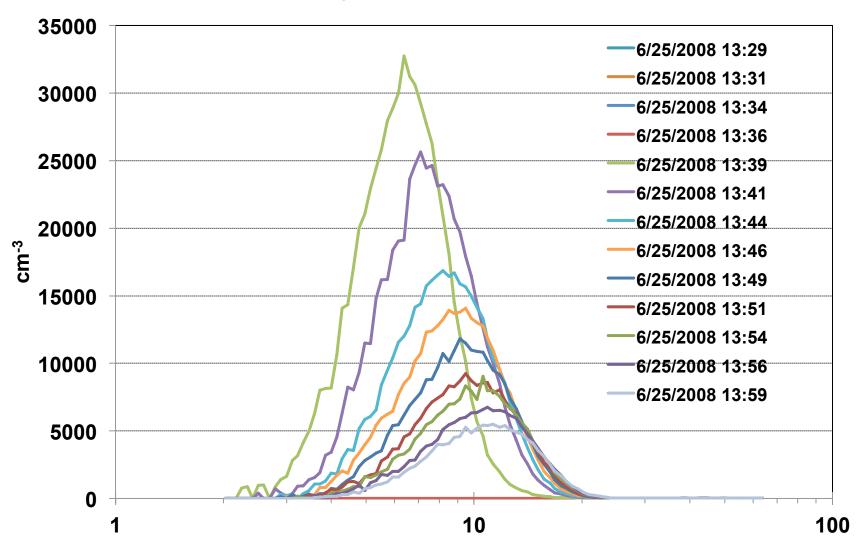


Circular Saw on for 4 min in One Room: Max Conc 522000 cm<sup>-3</sup> (<10 nm: 350000)

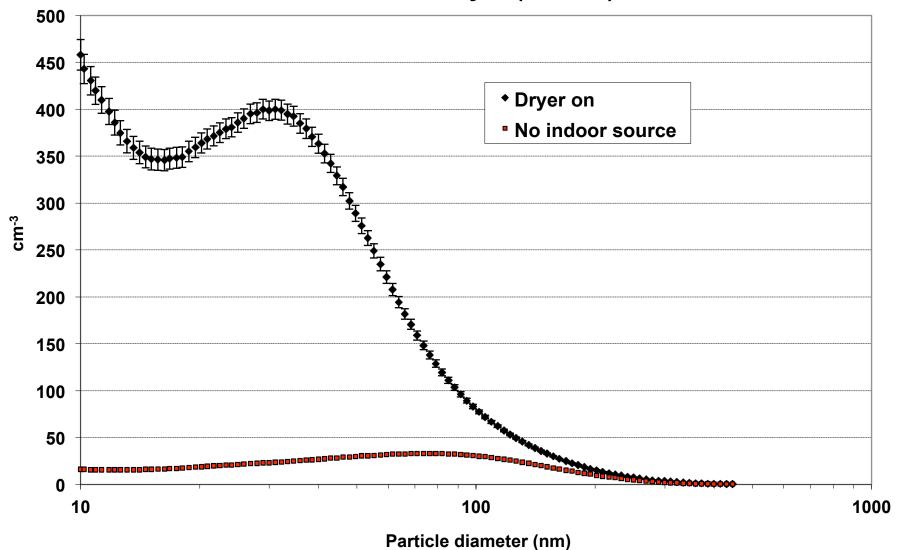


Peak Concentrations, Modes, and Estimated Emission Rates						
			N 440	N. 40		Emission
	Time on		N ≤10 nm	N>10 nm	Mode	rate
Power Tool	(minutes)	Location	(000 cm <sup>-3</sup> )	(000 cm <sup>-3</sup> )	<u>(nm)</u>	(10 <sup>12</sup> min <sup>-1</sup> )
		Same room	701	553	8.3	9.4
circular saw	4	Different room	59	62	8.8	11.5
		Same room	430	200	7	4.7
jig saw	4	Different room	16	12	7.8	2.7
		Same room	235	87	6	2.4
belt sander	4	Different room	13	7	6.6	1.9
reciprocating		Same room	88	50	7.1	1.0
saw	4	Different room	3	2	6.4	0.5
		Same room	56	21	7.2	0.2
drill	10	Different room	7	2	6.9	0.3
vacuum	20	Same room, door closed	28	22	8.4	0.1
cleaner		Same room, door open	9	8	7.6	0.3
hedge clippers	4	Same room	0	0	N/A	0
compressor	5	Same room	0	0	N/A	0
pump	20	Same room	0	0	N/A	0
shaver	10	Same room	0	0	N/A	0

### Hair dryer in MBR 100 secs

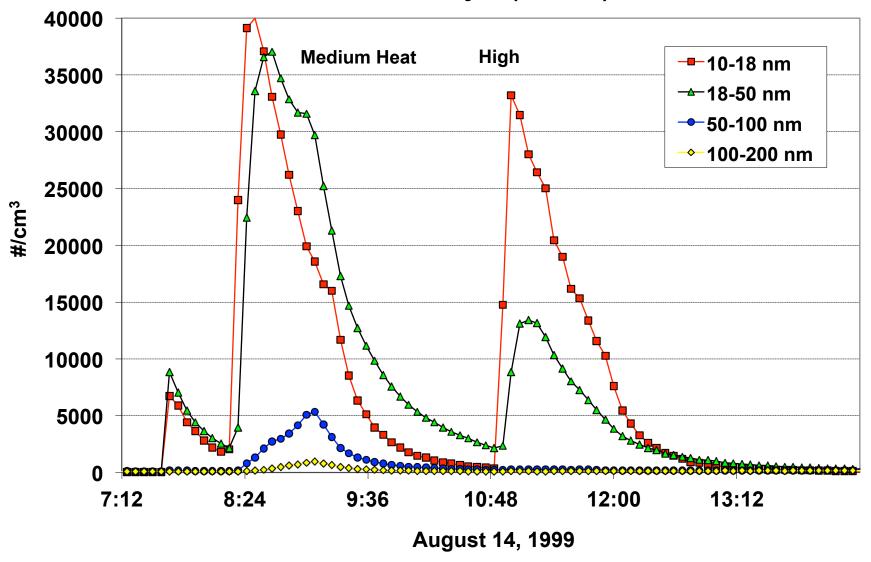


### **Gas Clothes Dryer (Vented)**



Source: Wallace, L.A. (2005). Ultrafine particles from a vented gas clothes dryer. *Atmos Environ* 39:5777-5786.

### **Gas Clothes Dryer (Vented)**



# Indoor UFP Sources: Status

### **Combustion**

Source of UFPs	Test data	
Gas burners	Lots	
Gas oven	Lots	
Gas clothes dryer	Some	
Gas hot water heater	No	
Candles	Some	
Incense	Some	
In-vehicle exposure to traffic	Some	

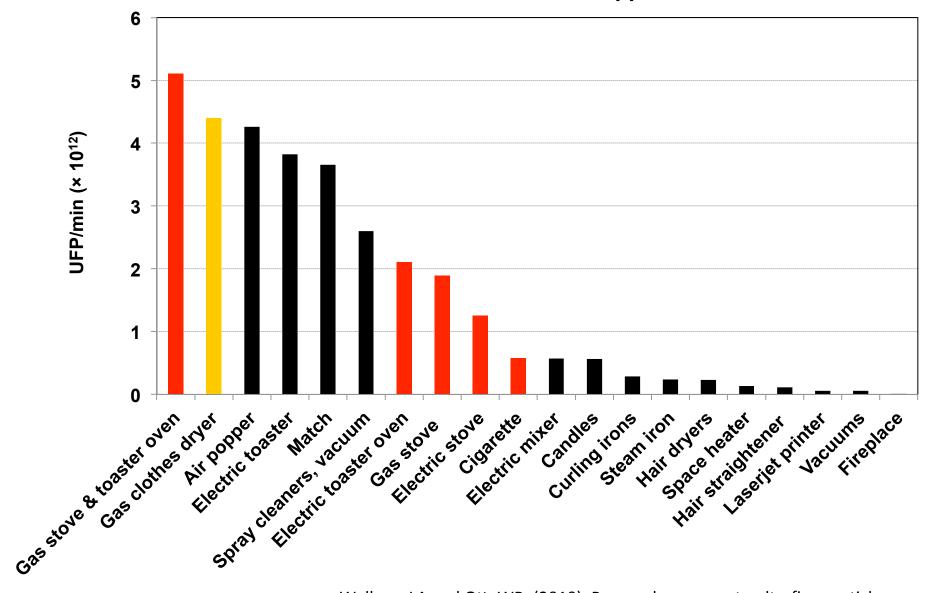
### **Electric Motors**

Source of UFPs	Test data	
Vacuum Cleaner	Some	
Washing machine	No	
Electric mixer/blender	Some	
Power Tools	Some	

### **Electric Heating Elements**

Source of UFPs	Test data		
Electric stove	Lots Lots		
Toaster			
Toaster oven	Lots		
Electric space heater	Some (no emitters yet)		
Electric blanket	Some (no emitters)		
Hair dryer	Some		
Curling iron	No		
Hair straightener	Some		
Steam iron	Some		
Air popper	Some		
Hot plate	No		
Coffeemaker	No		

### **Mean Emission Rates of Household Appliances**

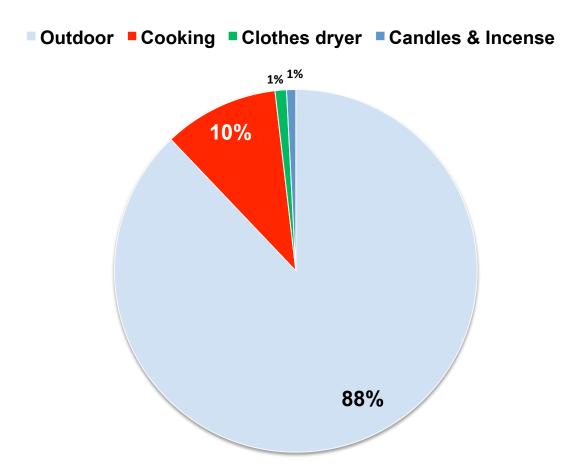


Wallace, LA and Ott, WR. (2010). Personal exposure to ultrafine particles. *J Expos Sci & Environ Epidemiol* 21:20-30.

# **Processes Producing UFP**

- Combustion (gas stoves, gas clothes dryers, cigarettes, candles)
- Heating elements (electric stoves, toaster ovens, hair dryers)
- Electric motors (power tools, vacuum cleaner)
- Laserjet printers?

### Percent of Time Affected by Major UFP Sources

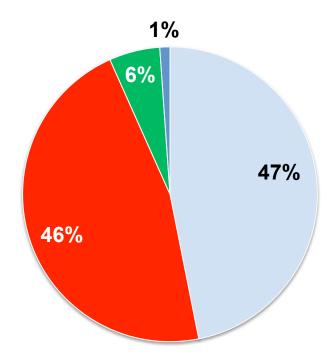


Source: Wallace, L.A. and Howard-Reed, C.H. Continuous Monitoring of Ultrafine, Fine, and Coarse Particles in a Residence for 18 Months in 1999-2000.

J Air Waste Manage. Assoc. 52(7):828-844. 2002.

### Percent of Indoor Exposure to Major Sources of UFP

■ Outdoor ■ Cooking ■ Clothes dryer ■ Candles & Incense



Source: Wallace, L.A. and Howard-Reed, C.H. Continuous Monitoring of Ultrafine, Fine, and Coarse Particles in a Residence for 18 Months in 1999-2000. *J Air Waste Manage. Assoc.* **52**(7):828-844. 2002.

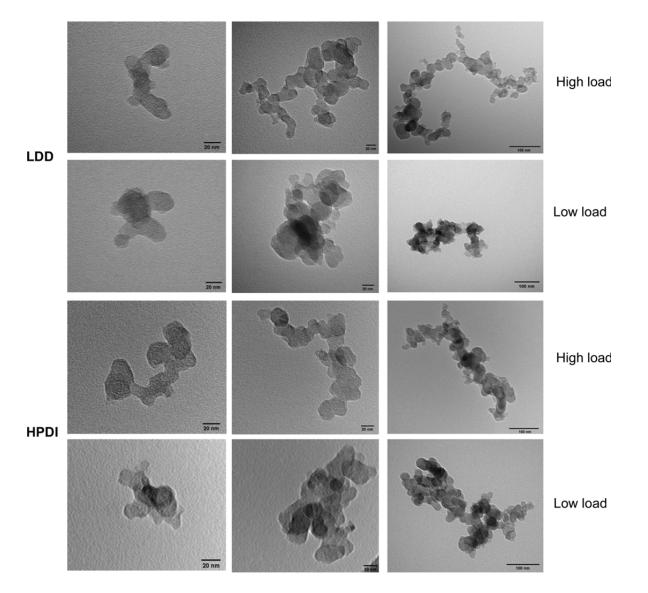
# Conclusions

- Indoor UFP sources are at least as important as outdoor infiltration
- Cooking (gas or electric) appears to be the major indoor source
- Other high emitters
  - Vented gas clothes dryer
  - Appliances with heating elements (hair dryers)
  - Power tools

### **Major outdoor sources of UFP:**

- Emissions from vehicles
- Regional atmospheric nucleation events

➤ Typical outdoor concentrations may range from 5000-30,000 particles/cc; with occasional spikes to 50,000-100,000 particles/cc caused by nucleation bursts (H<sub>2</sub>SO<sub>4</sub>, ammonia, water vapor + sunlight)



Source: Soewono, A. and Rogak, S. (2011) Morphology and Raman Spectra of Engine-Emitted Particulates, *Aerosol Science & Technology* **45**: 1206-1216.

# Mean particle number concentrations measured for 1-2 years in world cities.

City	Ultrafine (3-100 nm)		Percent ultrafin e	Reference	
Beijing	24,900	32,800	76	Wu et al, 2008	
Helsinki	13,420			Hussein et al, 2004	
Alkmaar	18,300 (10-100 nm)	25,800	>71	Ruuskanen et al, 2001	
Erfurt	15,700 (10-100 nm)	18,000	88	Wichmann et al, 2000	
Leipzig	19,263	21,377	90	Wehner and Wiedensohler, 2003	
Pittsburgh	19,800	21,988	90	Stanier et al., 2004	
Atlanta	19,046	20,736	92	Woo et al., 2001	
Rochester	7,310 (10-100 nm)	8,190	89	Jeong et al., 2004	
Toronto	Not reported (>7 nm)	28,010		Jeong et al., 2006	
Fresno		15,300		Watson et al., 2006	

(Source: Modified from Table 2, Wu et al, 2008).

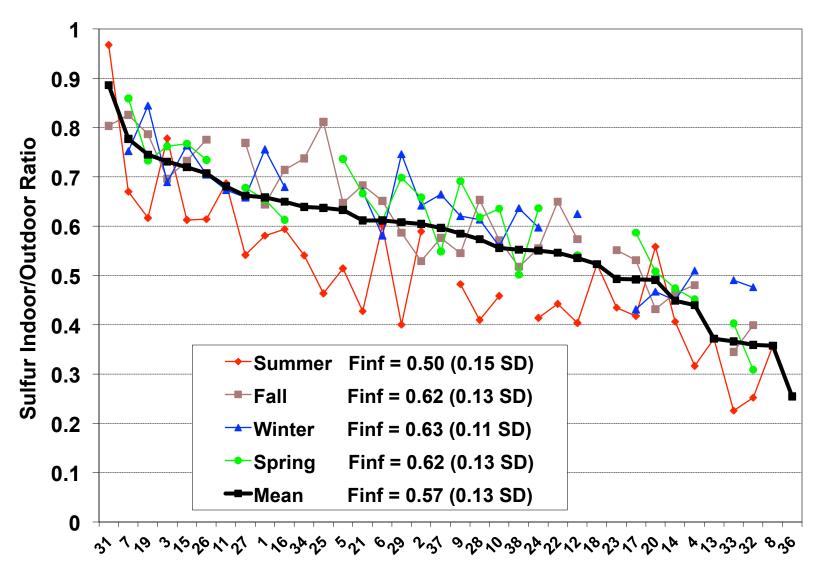
# The Effect of Outdoor Sources on Indoor Exposure

Depends Heavily on the Infiltration Factor

# Infiltration Factor

- Determines the fraction of outdoor air particles entering the home
- Since we are home 16 h/day, this is a major influence on our exposure to ambient PM
- Varies according to particle size
- Depends on house quality (number & size of cracks, presence of a vapor barrier, etc.), behaviors (open windows, air conditioner use)

#### Infiltration Factor for PM<sub>2.5</sub> in 37 Homes Measured Over 4 Seasons



**House ID** 

Source: Wallace et al., 2003

### Infiltration Factor (fine particles)

- Epi studies generally do not consider  $F_{inf}$
- They assume exposure = outdoor concentration (or some constant fraction)
- But we see that homes can maintain widely different  $F_{inf}$  (factor of 3) over all seasons
- So indoor home exposure varies by a factor up to 3 also within a single geographic area
- Therefore much exposure misclassification!

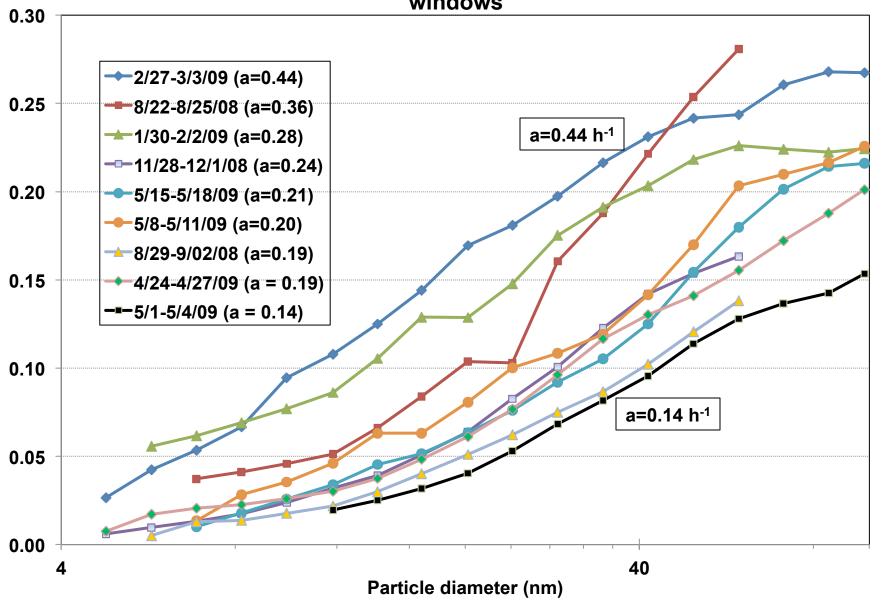
### The infiltration factor

$$F_{inf} = \frac{Pa}{a+k}$$

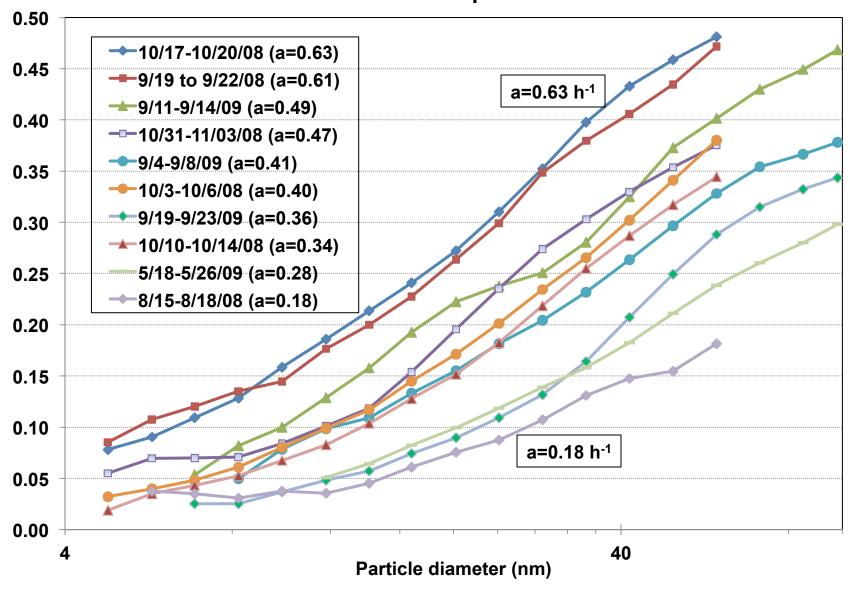
# Measuring $F_{inf}$ for UFP

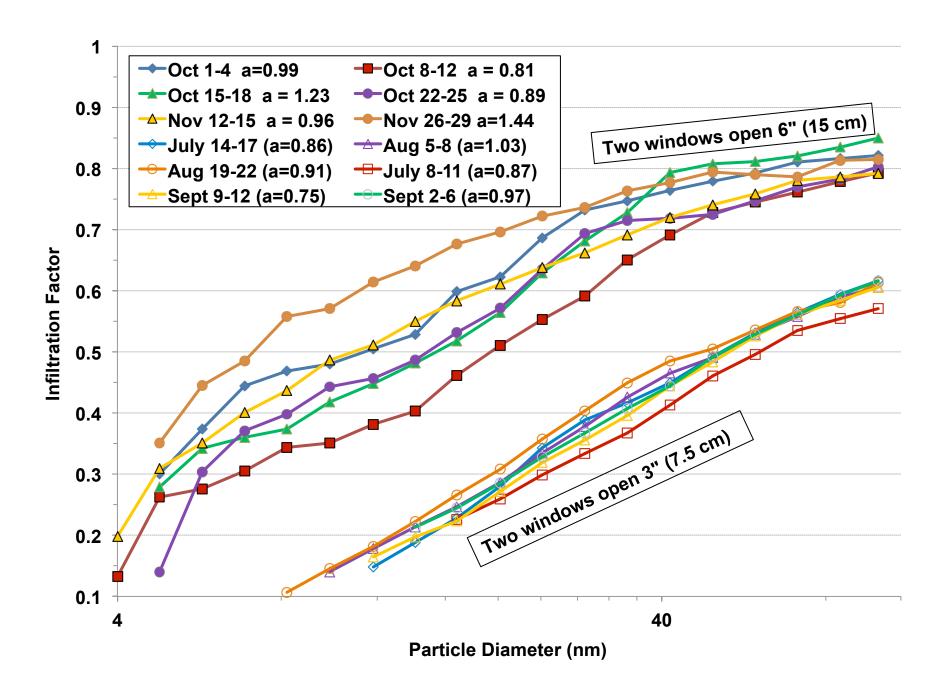
- Uninhabited house (e.g. NIST test house)
  - Indoor-outdoor sampling over 3-day periods (weekends) with no indoor sources
  - Air exchange measured by recurrent injection SF6
  - Solve nonlinear recursive relation (Switzer & Ott, 2001) for P and k to estimate  $F_{inf}$
  - Check using  $C_{in}/C_{out}$  ratio

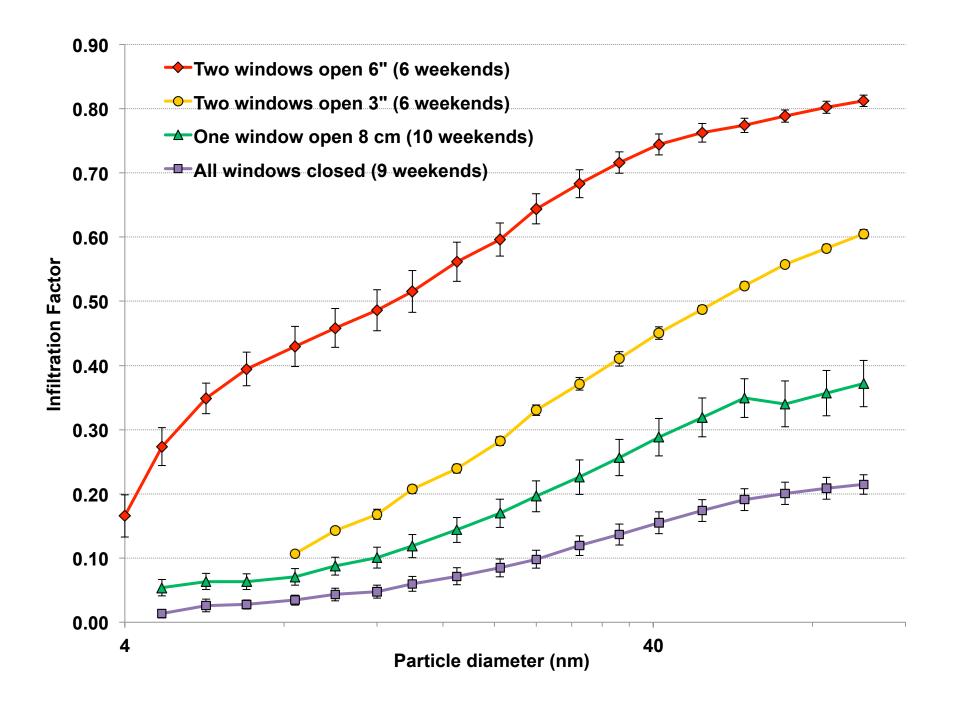
### Infiltration factor vs. particle diameter and air change rate: closed windows



### Infiltration factor as function of particle diameter and air change rate: one window open 7-8 cm



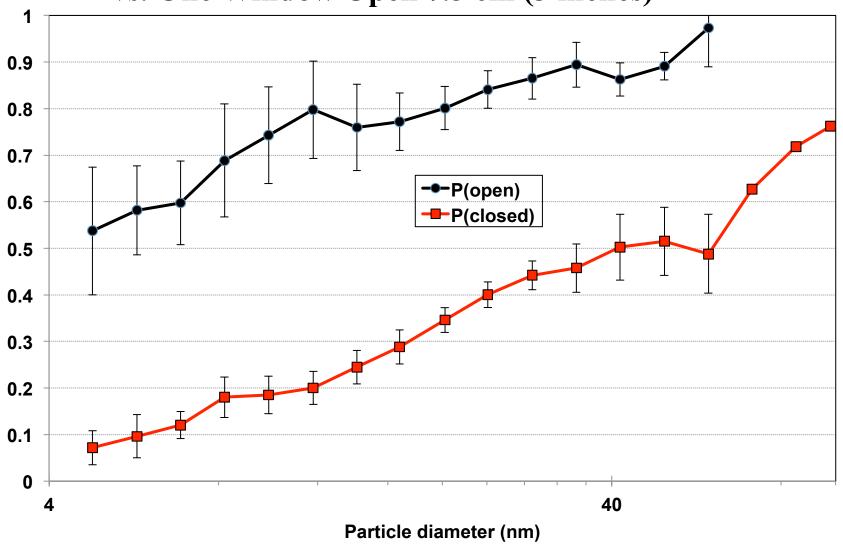




### Penetration coefficient P

- Depends on house construction, occupant behavior, particle diameter
- Well-built house (P<<1)</li>
  - Few cracks, well-sealed windows and doors
- Closed windows (P≤1)
- Ultrafine particles (P<<1): lost in cracks (Brownian motion)
- Hard to measure!

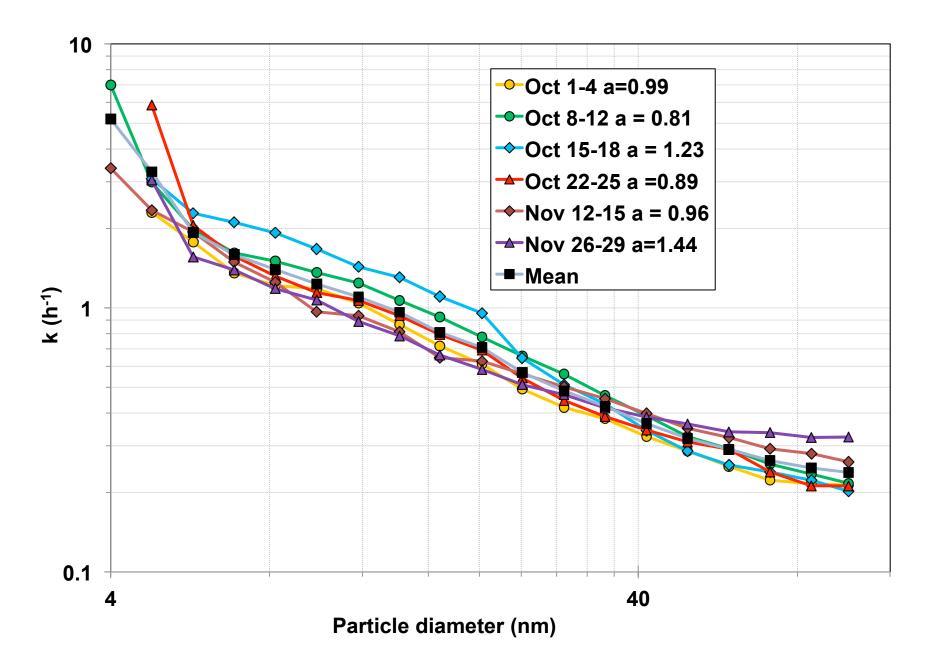
# Penetration Coefficient: Closed Windows vs. One Window Open 7.5 cm (3 inches)



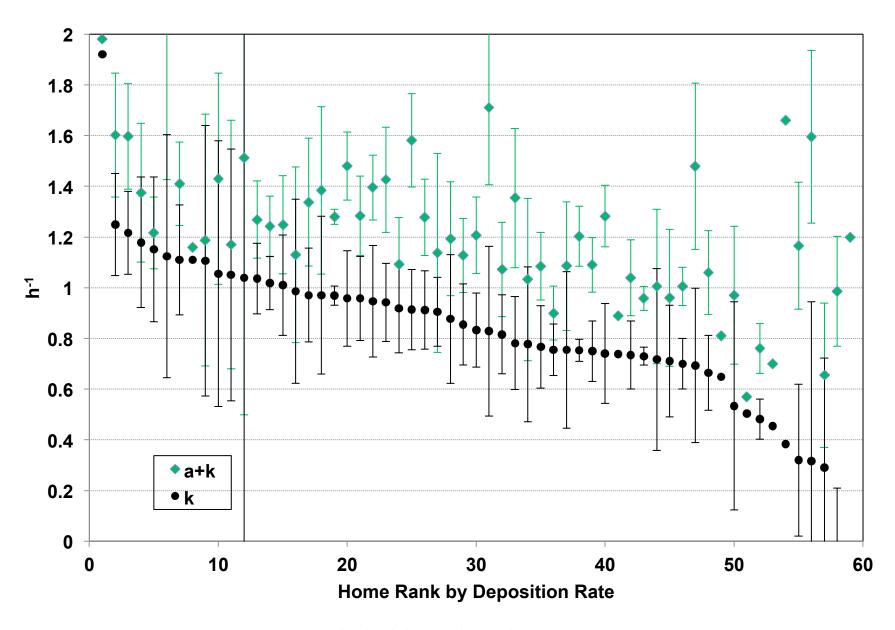
Source: Rim, D., Wallace, L., Persily A. (2010) Infiltration of outdoor ultrafine particles into a test house *Environ. Sci. Technol.* **2010**, *44*, 5908–5913

### Deposition k

- Depends on:
- Surfaces: smooth (k small); rough (k large)
- Indoor air motion: still (k small); fast (k large)
- Filtration: mechanical, electrostatic
- Particle size: governed by Brownian diffusion



#### UFP Deposition (k) and Decay (a+k) Rates



#### **Health Canada Studies**

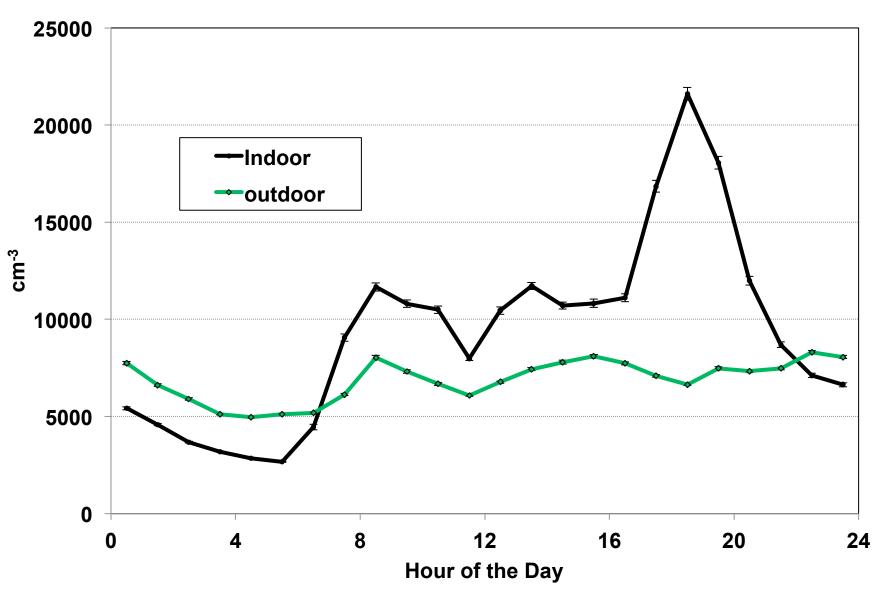
- Multihome studies in several Canadian cities
  - 50-100 homes, 2-4 seasons, one week per season
- Methods
  - TSI P-Trak (20-1000 nm) operating for 10-30 minutes each hour
  - Daily air exchange by perfluorotracer (PFT)
  - Questionnaires to determine sources

Source:

Wheeler, A.J., Wallace, L.A., Kearney, J., Van Ryswyk, K, You, H., Kulka, R., Brook, J.R., and Xu, X. (2011) Personal, indoor, and outdoor concentrations of fine and ultrafine particles using continuous monitors in multiple residences. *Aerosol Science and Technology* 45: 1078-1089.

Kearney, J., Wallace, L., MacNeill, M., Xu, X., VanRyswyk, K., You, H., Kulka, R., Wheeler, A.J. (2011) Residential indoor and outdoor ultrafine particles in Windsor, ON. Accepted by *Atmos Environ*, October, 2010.

#### **Diurnal Variation of Indoor & Ambient UFP**



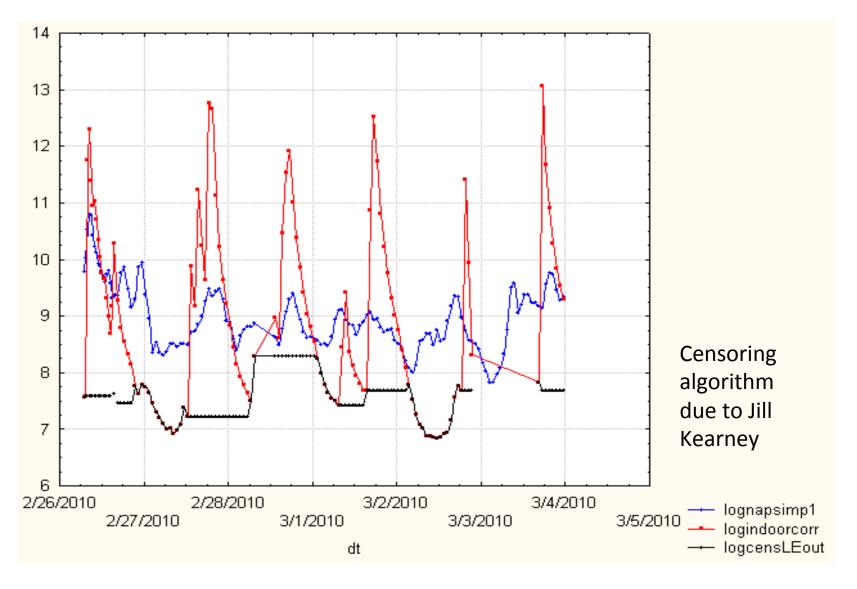
Source: Unpublished data for 50 homes—please do not cite or quote

## Calculating the Infiltration Factor $F_{inf}$

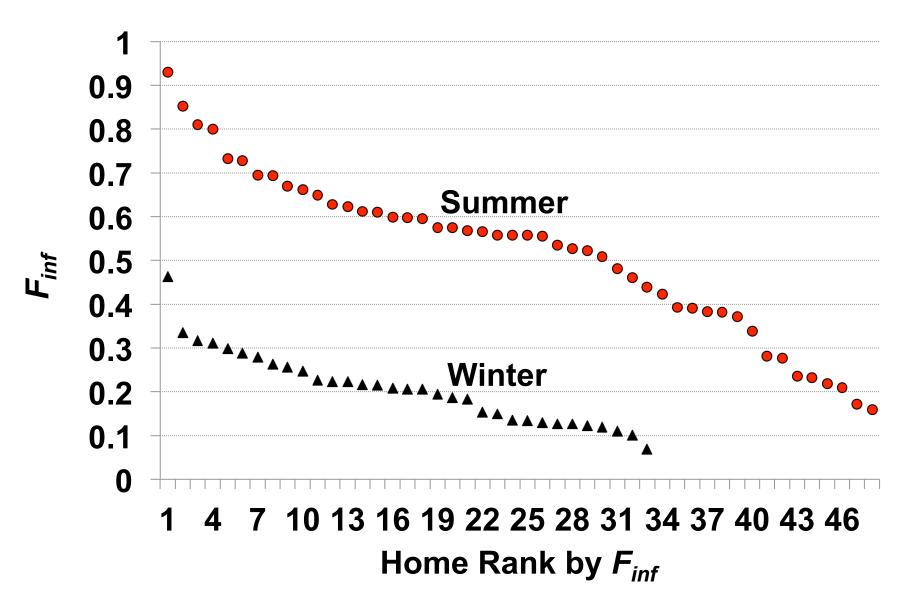
- Adapt censoring algorithm (Kearney et al., 2010) to detect indoor peaks
- Employ recursive mass-balance model to estimate infiltration factors for homes
- Calculate outdoor and indoor-generated contributions to total indoor UFP levels
- Relate indoor levels to sources (e.g., cooking)

Source: Kearney, J., Wallace, L., MacNeill, M., Xu, X., VanRyswyk, K., You, H., Kulka, R., Wheeler, A.J. (2010) Residential indoor and outdoor ultrafine particles in Windsor, ON. *Atmos Environment*, *In Press, Corrected Proof*, *Available online 25 November 2010*. doi:10.1016/j.atmosenv.2010.11.002.

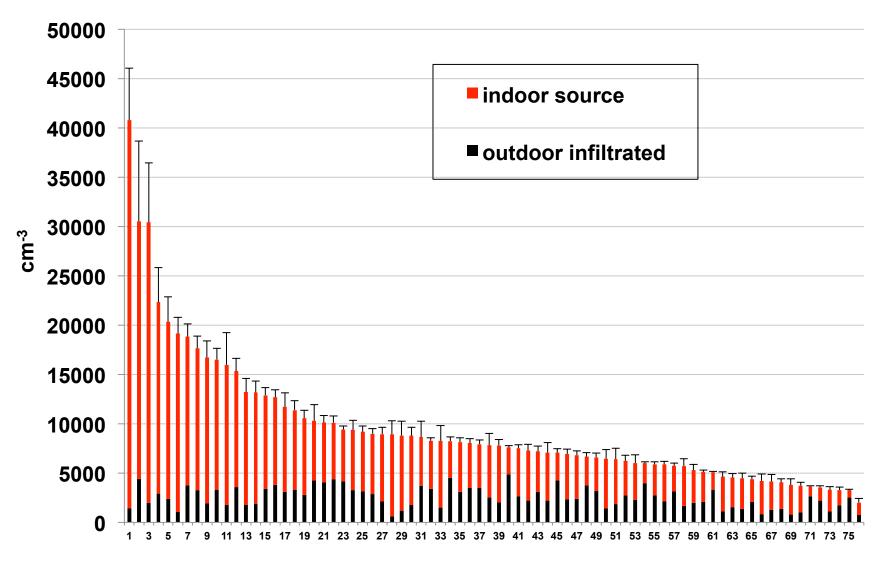
#### Indoor, Outdoor, & Censored Indoor UFP: Dinnertime Peaks



#### **Seasonal Dependence of UFP Infiltration Factor**

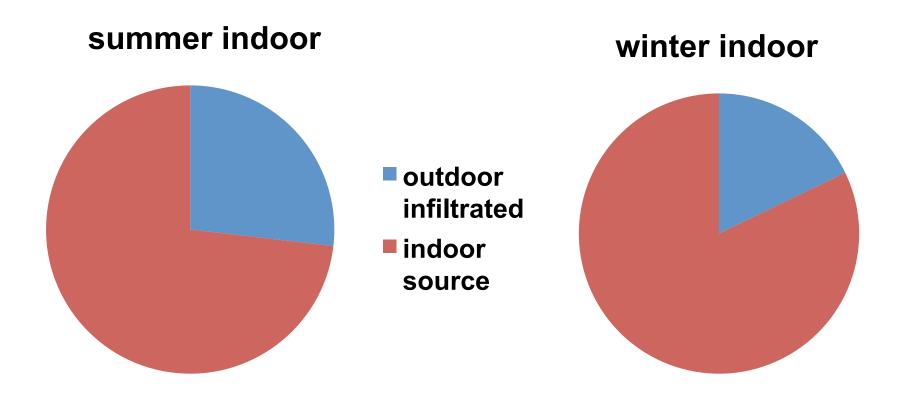


#### **Contribution of Indoor and Outdoor Sources**



**Homes Ranked by Indoor Concentration** 

# **Average Contributions from Indoor and Outdoor Sources to Indoor UFP Levels in 74 Canadian Homes**

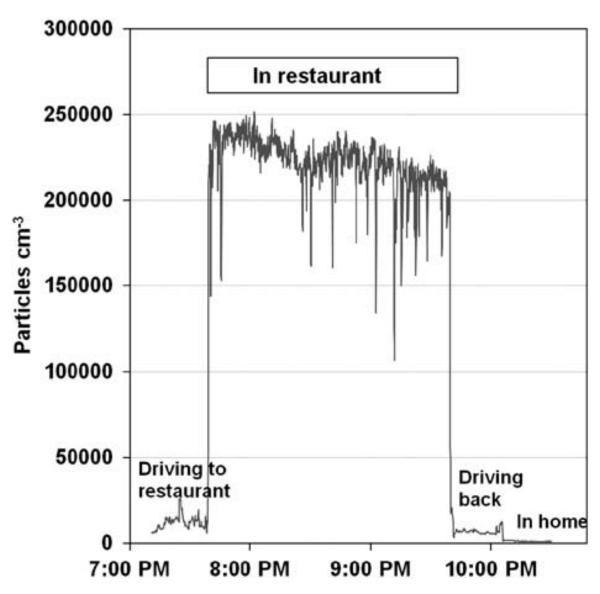


### Personal Exposure to UFP

- Indoors (85% of the time)
  - Indoor sources
  - Outdoor infiltration
- Outdoors (6%)
- In vehicles (7%)
- In restaurants (1.8%)

### In-Vehicle Exposures

- 29,000-33,000 cm<sup>-3</sup> (California, East Coast, Montreal)
- Perhaps 3X outdoor concentrations
- 6% of time in vehicles X 3 = 18% of total exposure



Wallace, LA and Ott, WR. (2010). Personal exposure to ultrafine particles. *J Expos Sci & Environ Epidemiol* 21:20-30.

#### **Exposures to UFP in Restaurants**

No.	Description	Patron Count	Duration (min)	Volume (m³)	Mean (× 10³ cm-³)	SD (× 10³ cm-³)	Outdoor Background (× 10³ cm⁻³)
1	Mexican Restaurant	16	27	174	28	16	7.2
2	Sports Tavern	14	37	639	126	46	10
3	Mexican Restaurant	3	30	211	10	3.2	5.4
4	American Restaurant	75	75	611	22	11	2.1
5	Sports Tavern	15	29	548	88	13	2.2
6	Thai Restaurant	6	67	302	166	43	12
7	Italian Restaurant	25	88	385	25	6.3	10
8	Hotel Restaurant 1	77	69	810	98	23	10
9	Hotel Restaurant	68	35	810	97	33	8.5
10	Hotel Restaurant	23	44	810	58	18	14
11	Seafood Restaurant	53	103	652	110	44	4.3
12	Sandwich-Pizza-Bakery	6	77		61	35	9.5
13	Elegant Indian Restaurant	58	69	790	192	39	9.3
14	Seaside Beach Restaurant	112	90	1,422	77	30	7.3
15	Family Tavern	34	128	448	109	51	18
16	Italian Restaurant	41	76	284	37	6.8	3.7
17	Steak House	124	73	610	16	6.3	3.6
18	Sicilian Restaurant	24	60	490	69	4.0	7.6
19	Indian Restaurant	16	75	360	222	27	3.9
20	Seafood Grill	80	104	960	37	7.2	6
21	Chinese restaurant	60	75	1,200	203	43	12
22	French restaurant	30	60	132	228	11	6.3
Mean		43.6	67.8	602.3	94.5	23.5	7.9
SD		34.4	26.5	333.2	68.9	16.0	4.0

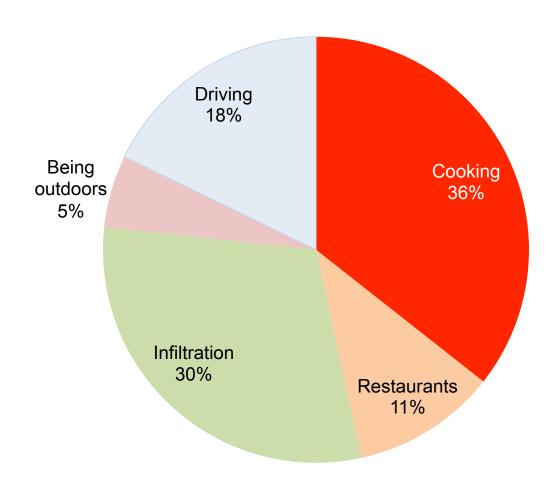
Source: Wallace and Ott, 2010

#### **Estimated UFP Exposure from Major Sources**

Location/Activity	Daily duration (h)	Conc (cm <sup>-3</sup> )	Exposure (h-cm <sup>-3</sup> )	%
Outdoors	1	10000	10000	6
Indoors, no sources	19.4	2700	52000	30
In vehicles	1	30000	30000	17
In restaurants	0.2	90000	18000	10
Indoors, sources	2.4	26000	62400	36
Total	24	7200	172600	100

Source: Wallace and Ott, 2010

#### **Personal UFP Exposure**



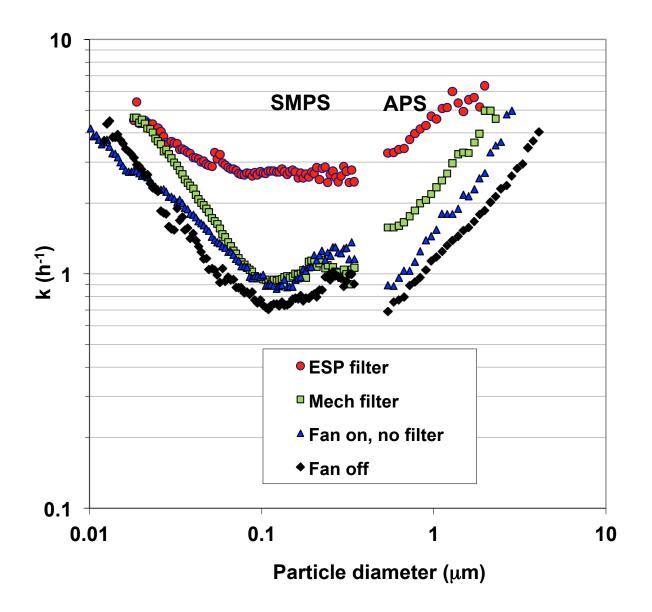
Wallace, LA and Ott, WR. (2010). Personal exposure to ultrafine particles. *J Expos Sci & Environ Epidemiol* 21:20-30.

### **Conclusions: Exposure to UFP**

- Less Outdoor Infiltration than FP (25% vs 50%)
- Important Indoor Sources:
  - Cooking (Gas or Electric)
  - Restaurants
- Indoor Contributions Often > Outdoor
- Driving May Contribute 15-20%

### Reducing Exposure

- Air cleaners
  - In-duct Electrostatic Precipitators—best for the larger UFP
  - Membrane filters—may be better for smaller UFP
  - Best to use ESP backed up by membrane filter?
- Kitchen exhaust fans
  - Unclear how efficiently they capture UFP



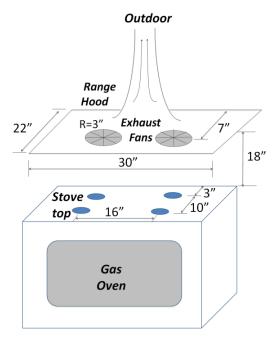
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#### **METHODS**

#### Calculating the efficiency of kitchen exhaust fans





#### **Experimental settings**

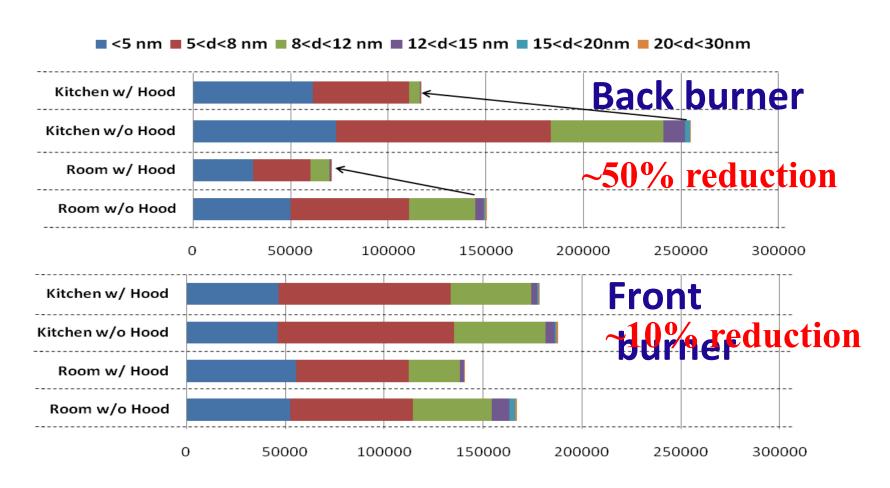
Range hood flow rate: 100 m<sup>3</sup>/h - 370 m<sup>3</sup>/h

> Front burner vs. back burner

➤ Gas oven temperature: 350 F – 450 F

> Central mixing fan on

# Effect of range hood - Size resolved peak concentration (#/cm³)



### **Conclusions**

- Two Mitigation Methods Suggested
  - Use of Kitchen Fan During and After Cooking
    - Design and Noise Issues
  - Use of In-Duct High-Quality Air Filters (ESP + membrane + activated charcoal for ozone reduction)
    - Cost and Maintenance Issues

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